AUGUST AGENDA

Wednesday, 2nd August, 2023 Tempe Recreation Reserve



Thursday, 3rd August, 2023 Arncliffe Centre



Wednesday, 9th August, 2023 East Hills Park



Tempe Recreation Reserve has something for everyone including open grass space, bathrooms, sheltered picnic areas, walk ways by the river and is a location where you can see airplanes take off!

Come along & enjoy a good time with our group!

Address: Holbeach Ave, Tempe (access via Bay St from Princess HWY

In our Arncliffe Centre, we create different activities every week to support clients and excite them to attend regularly. Activities include exercise sessions, games, news report session, arts and craft and morning tea for all to enjoy!

Address: 23-25 Barden Street, Arncliffe NSW 2205

East Hills Park is located on the Georges River and is a beautiful spot for a picnic or get together. The views are absolutely astounding and so they'll contribute to the perfect photo opportunity. Includes bathrooms, seating areas and waterside views.

Come along & enjoy a good time with our group! Address: 574A Henry Lawson Drive, East Hills

Thursday, 10th August, 2023

Arncliffe Centre



Wednesday, 16th August, 2023 Central Gardens Nature Reserve



In our Arncliffe Centre, we create different activities every week to support clients and excite them to attend regularly. Activities include exercise sessions, games, news report session, arts and craft and morning tea for all to enjoy!

Address: 23-25 Barden Street, Arncliffe NSW 2205

Central Gardens Nature Reserve is home to 12 hectares of natural bushland. It boasts an impression list of features, making it a great day out! There's a free native animal exhibit, waterfall, bathrooms, picnic facilities, long path to walk/ ride on and plenty of grass!

Address: Cumberland HWY & Merrylands Rd, Merrylands West

AUGUST AGENDA

Thursday, 17th August, 2023 **Arncliffe Centre**



Wednesday, 23rd August, 2023

Cook & Co Casual Dining

In our Arncliffe Centre. we create different activities every week to support clients and excite them to attend regularly. Activities include exercise sessions, games, news report session, arts and craft and morning tea for all to enjoy!

Address: 23-25 Barden Street, Arncliffe NSW 2205

Come along and enjoy authentic Turkish Breakfast that includes: Entree Lentil Soup & a Turkish breakfast platter which consists of two fried eggs, sucuk, pastirma, olives, feta, kasar & string haloumi cheese, tomatoes, cucumbers, honey & cream, jam, butter & Turkish bread with tea. Cost: \$15 per person

Address: Shop 3/66 Auburn Road, Auburn

Thursday, 24th August, 2023

Arncliffe Centre



In our Arncliffe Centre, we create different activities every week to support clients and excite them to attend regularly. Activities include exercise sessions, games, news report session, arts and craft and morning tea for all to enjoy!

Address: 23-25 Barden Street, Arncliffe NSW 2205

Wednesday, 30th August, 2023 Westfield Liverpool **Shopping Centre**



Westfield Liverpool is a one-stop shopping spot, that boasts retailers such as Myer, Coles, Target, Big W and JB Hi-Fi.

Bring along your own food or purchase food/snacks from the Food Court/Restaurants available whilst you enjoy a feed, socialise & shop with friends!

Address: Macguarie Street, Liverpool

Thursday, 31st August, 2023 **Arncliffe Centre**



In our Arncliffe Centre, we create different activities every week to support clients and excite them to attend regularly. Activities include exercise sessions, games, news report session, arts and craft and morning tea for all to enjoy!

Address: 23-25 Barden Street, Arncliffe NSW 2205

