

OCTOBER AGENDA



Wednesday, 4th October, 2023

Sydney Fish Market



Large marketplace featuring shops for seafood, deli items, baked goods, plus restaurants.

Enjoy a seafood dish and enjoy your time whilst you socialise with friends!

Address: Corner Pyrmont Bridge Rd & Bank St, Pyrmont

Thursday, 5th October, 2023
Arncliffe Centre



In our Arncliffe Centre, we create different activities every week to support clients and excite them to attend regularly. Activities include exercise sessions, games, news report session, arts and craft and morning tea for all to enjoy!

Address: 23-25 Barden Street, Arncliffe

Wednesday, 11th October, 2023 Michaels Bros Veggie Farm



This location is a farm in Rossmore that sells season Vegetables and Fruits. Not many steps & bathrooms available.

After you enjoy this location, we will visit a nearby park to sit and enjoy the snacks you bring along with you.

Address: Opp 187 Devonshire Road, Rossmore

Thursday, 12th October 2023
Arncliffe Centre



In our Arncliffe Centre, we create different activities every week to support clients and excite them to attend regularly. Activities include exercise sessions, games, news report session, arts and craft and morning tea for all to enjoy!

Address: 23-25 Barden Street, Arncliffe NSW 2205





OCTOBER AGENDA



Wednesday, 18th October, 2023 Georges River National Park



Georges River National Park is a protected Australian National Park, under the management of the NSW National Parks and Wildlife Service. The park falls in the regions of the Sutherland Shire Council and Canterbury-Bankstown Council.

Bring along your own food/snacks and enjoy your time whilst you socialise with friends!

Address: 831 Henry Lawson Drive, Picnic Point

Thursday, 19th October, 2023

Arncliffe Centre



In our Arncliffe Centre, we create different activities every week to support clients and excite them to attend regularly. Activities include exercise sessions, games, news report session, arts and craft and morning tea for all to enjoy!

Address: 23-25 Barden Street, Arncliffe

Wednesday, 25th October, 2023
Gunnamatta Park &
Beach



Gunnamatta Park is a large, leafy park on 14 acres of land, a short walk from Cronulla train station. The park is perfect for family gatherings and picnics with large grassed areas, shade trees and a playground.

Bring along your own food/snacks and enjoy your time whilst you socialise with friends!

Address: 39/41R Nicholson Parade, Cronulla

Thursday, 26th October 2023

Arncliffe Centre



In our Arncliffe Centre, we create different activities every week to support clients and excite them to attend regularly. Activities include exercise sessions, games, news report session, arts and craft and morning tea for all to enjoy!

Address: 23-25 Barden Street, Arncliffe NSW 2205

